



**DAUNTLESS
INTERNATIONAL**



MEXICO
7-17 AUGUST 2022
ABOUT YOUR TRIP

Take part together in a memorable experience that will challenge your everyday life, encouraging you to discover more about God's heart for the world and your response to issues of poverty and justice.

Learn about a different culture as you work alongside local people to build a home and create hope for a family trapped by poverty.

Apply what you have experienced once you get home as the trip becomes mere preparation for making a difference in your own communities.

WHAT'S INCLUDED?

- Training and support before, during and after your trip
- Travel and medical insurance
- Flights and Visas
- In-country travel, food and accommodation
- Project costs and tools
- One Trip T-Shirt
- All the flights and flight inclusive holidays are financially protected by the ATOL scheme.

WHAT'S NOT INCLUDED?

- Vaccinations
- Travel to and from UK airports
- Project and Trip appropriate clothing
- Travel Money

WHAT TO EXPECT

Sun 7 Aug — Travel to San Diego

Mon 8 Aug — Travel to Tijuana and set up camp

Tue 9 Aug — House building day 1

Wed 10 Aug — House Building day 2

Thu 11 Aug — House Building day 3

Fri 12 Aug — House Building day 4

Sat 13 Aug — House Building day 5

Sun 14 Aug — Key handover + travel to USA

Mon 15 Aug — Rest day in San Diego

Tue 16 Aug — Travel to UK

Wed 17 Aug — Arrive back home

SAFETY ON THE BUILD SITE

We will spend five days on the build site supervised by experienced build managers who have many houses under their belts.

- We will have a designated leader who will oversee all safety during the build.
- It is very important that we only use the drinking water provided by Amor as this is treated and safe to consume. The water used for showers will not be treated and so not safe to drink.
- When on site it is important that we do not approach or feed any animals which may appear as there is always a risk of biting and infection so we ask that you avoid any contact however cute they may be.
- As the site will be dusty please pack extra antihistamines for allergy sufferers and extra saline solution for contact lens wearers.
- We ask that everyone adheres to a respectable dress code (shoulders covered and long trousers worn) to protect from sun burn and to respect the local culture.
- Sunhats, sun cream and bottles of water be brought to site every day as sunstroke and dehydration can be a serious issue when on site as well as back at camp.
- On site all young people must wear closed toe sturdy shoes to protect feet from any damage.

Travel & On Location

Accommodation

Whilst in America we will be staying in a hotel in Mission Beach, San Diego. Whilst in Mexico we will be staying on an Amor ministries secure campsite. The campsite will provide tents but you will need to bring a sleeping bag and air bed. The site has basic toilets and shower facilities. We will be using individual solar showers, which we will fill up in the morning and leave in the sun to warm-up in the heat of the day. We will have a shower each day when we return from the building site as we can get quite dusty!

Food & Drink

All meals and drinking water are included in the trip. We will be eating Mexican food, prepared by Mexican cooks. We will do our best to take into account your dietary requirements.

Travel & Medical Insurance

Amor Europe will provide group insurance which is included in the cost of your trip. If you would like a copy of the insurance policy, please ask your Group Leader.

Should anyone on the trip contract Covid-19 while we are on the trip then any and all costs for isolation or repatriation will be covered by the trips insurance.

TRAVEL PRACTICALITIES

Passports and ESTA (Visa)

We will be collecting all passports before we travel. They will be kept safely in the office giving you one less thing to remember in the rush to pack and leave the house the morning we fly. These will be kept safe with leaders at all times whilst on the trip to avoid them being misplaced or left behind. We will gather all parents/carers for a meeting to ensure all forms and ESTA visas are filled out correctly as these include permission for us to take your children across borders.

ESTA's: Please use the Amor address as the address we will be staying at in America.

Amor Ministries
3636 Camino Del Rio N Suite 215,
San Diego,
CA
92108

Jabs & Health advice

Please ensure that all jabs have been had a minimum of 4-6 weeks before we travel. This is incredibly important and we urge you to make sure this is done well before we fly. Recommended Vaccines:

- Tetanus
- Hepatitis A
- Typhoid

It is good practice to avoid all animals just to be safe. If you suffer from allergies please pack extra antihistamines as the worksites can be very dusty and extra saline solution if you wear contact lenses.

Please ensure any and all medical information concerning your child is noted on their application form so that they can receive the best possible care should they need it.

Rest Day

We will have one day off during the trip either before or after the build depending on flights. We usually spend this day exploring San Diego's mission beach which is a beautiful family beach with a historic funfair and attractions. Throughout the trip there is a significant emphasis on processing what we are experiencing and seeing whilst in Mexico and time is made for all to explore their response to the poverty they will experience.



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FUNDRAISING AND PAYMENTS

Fundraising

Fundraising is a key feature of Dauntless trips encouraging young people to organise events that as well as raising funds also serve the community in some way. Some examples which have worked well include;

- Gardening days;
- Community clear ups;
- Cycle rides;
- Car washes;
- Cake and jumble sales;
- Quiz nights;
- Walks/runs/climbs;
- Non-uniform days

Payments

The Payment deadlines for August 2022 are:

- end of January 2022 — £150
- end of March 2022 — £600 (Total £750)
- end of May 2022 — £800 (Total £1,400)
- by the 18 July 2022 — £475 (Total £1,875)
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If you are a Red Balloon affiliated group or have signed up as a family you will be sent an invoice ahead of each payment deadline.

If you have signed up through our groups registration, Dawn Kellers (Amor Europe's Finance Officer) will contact you to advise you on how to make ongoing trip payments.

Please ensure you send in funds on time as this will help us with costs that will be incurred prior to the trip, such as flights and insurance.

WHAT TO BRING

Clothing

Please would all young people wear their trip t-shirt or hoodie at all times when traveling with us so that they can be easily identified as members of our group. When on the campsite and in America casual clothes can be worn.

However, when on the build site in the community all must have their shoulders covered at all times and wear long trousers. Besides the fact we will be working on a build site it is important we are dressed modestly. Mexico is a predominantly Catholic country and modest dress is an important aspect of the culture. Anyone failing to meet these standards will be asked to change. Clothes worn on the build site will get smelly, dirty and more than likely covered in concrete so please do not bring your most loved outfits.

Medication

All medications and vitamin supplements must be in its original packaging (no loose tablets) and clearly marked with frequency and dosage. This will be kept by leaders at all times and will be given out when required.

Phones/valuables

Please avoid bringing valuable cameras or phones etc. If you do you do so at your own risk. Neither Amor Europe or Red Balloon Foundation will cover the cost of any lose or damages so if you do bring them please take out your own insurance.

P.s. Don't turn on your internet in Mexico or America! Even if you get signal connecting to the internet for a second is very expensive!

Cash

You may need a small amount of money for snacks and souvenirs. We suggest you should not bring more than \$100. Please bring American Dollars. The only British pounds will be used in the airport so do not bring these for spending overseas.

DO NOT BRING

Alcoholic beverages, anything which may be perceived as a weapon, non-prescription drugs, hair straighteners, hair dryers, MP3 Players, Ipods, fireworks etc.

There will be no power outlets available for electrical goods on the campsite.

Contacting Home

Whilst on the trip leaders will contact a member of the RBF team in the UK with updates once we are back in America (and have Wifi). They will then forward these updates to all parents.

Whilst on the campsite there will be no facilities for charging phones or cameras. They will only be able to be charged at the hotel. You will be given flight numbers nearer the time for you to track the flight home. Should there be any delays you will be contacted by RBF as soon as possible.



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KIT LIST

Each person is expected to bring the following items. It is important that these items do not take up more space than the airline will allow. We therefore strongly recommend that you pack a limited amount of clothing since this is a work situation and you will not need more than two sets of work clothes. Please follow the kit list as cultural considerations mean that people without long trousers and tops with sleeves will not be allowed on the worksites.

- Sleeping bag (3 season at least, as it will be cold at night)
- Camping mat style mattress (people have mentioned that air beds are warmest)
- Small pillow
- Toiletries (toothbrush, toothpaste, brush, soap and shampoo)
- Towel and flannel
- Torch and spare batteries (head torches are best)
- Sunglasses
- Sun hat – ensure it covers neck and ears
- Sunblock
- Lip Balm
- Insect repellent
- Work shoes – sturdy, no open toe shoes
- 2 Sets of work clothes – nothing sleeveless, no shorts (full length trousers only)
- Swimming costume (no bikinis) – to be used for showers
- Warm clothes for evenings
- Camp clothes – shorts and dresses are ok
- Non-work shoes (these must be comfortable)
- Rain gear
- Bible, notebook, pen
- Camera (optional)
- Toilet bag – containing baby wipes, antibacterial gel (toilet paper provided)
- Labelled drinking container 1.5L min– for water on the worksite.
- Nail pouch – helpful but not essential'
- Work gloves (TRUST US! You don't want blisters)
- Solar shower (20L)



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CONTACTING THE TEAM

If you have any questions about the trip please contact
Elizabeth Shaw on
eshaw@rbf.org.uk

If you need to contact the team during the trip please call
Red Balloon Foundation on
02030868186 extension 20

