

From 2nd October 2023

Breakfast

Toast with Butter/Jam/Marmalade/Honey
Crumpets/Waffles
Variety of Cereals
Fruit
Yoghurt
Fruit Juice

Please note all breakfast choices may not be available on all days depending on stock availability

After School

Toast, breadsticks or crackers are offered on arrival as a snack Fruit is available throughout the session

| Week One | Week Two |
|--|---|
| Pasta with Tomato Sauce & Grated Cheese | Fish Finger or Veggie Finger Rolls & Chips |
| Salad | Salad |
| Yoghurts | Yoghurts |
| Chicken or Quorn in Pitta Bread & Rice | Sausage or Veggie Sausage & Mash |
| Salad | Peas & Gravy |
| Angel Delight | Angel Delight |
| Sausage Roll or Veggie Sausage Roll with Chips | Pasta with Tomato Sauce & Grated Cheese |
| Sweetcorn | Salad |
| Jelly | Jelly |
| Chicken or Veggie Nugget & Tomato Kebabs with Potato Bites Beans/Spaghetti Hoops Ice Cream | Chicken or Veggie Burgers with Potato Bites Sweetcorn Ice Cream |
| Pizza with Garlic Bread | Hot Dogs & Chips |
| Salad | Salad |
| Fresh/Tinned Fruit Salad | Fresh/Tinned Fruit Salad |

Staff in individual settings may vary the order in which the meals listed above are served through the week in line with fresh ingredient availability or to minimise waste in line with RBF's Creation Care Policy

Jacket potatoes with various fillings and/or spaghetti hoops/beans on toast are available on all days as alternatives for children who do not want the main menu choice

Alternative options for children with specific dietary needs will be provided when parents/carers have informed us about those needs in advance